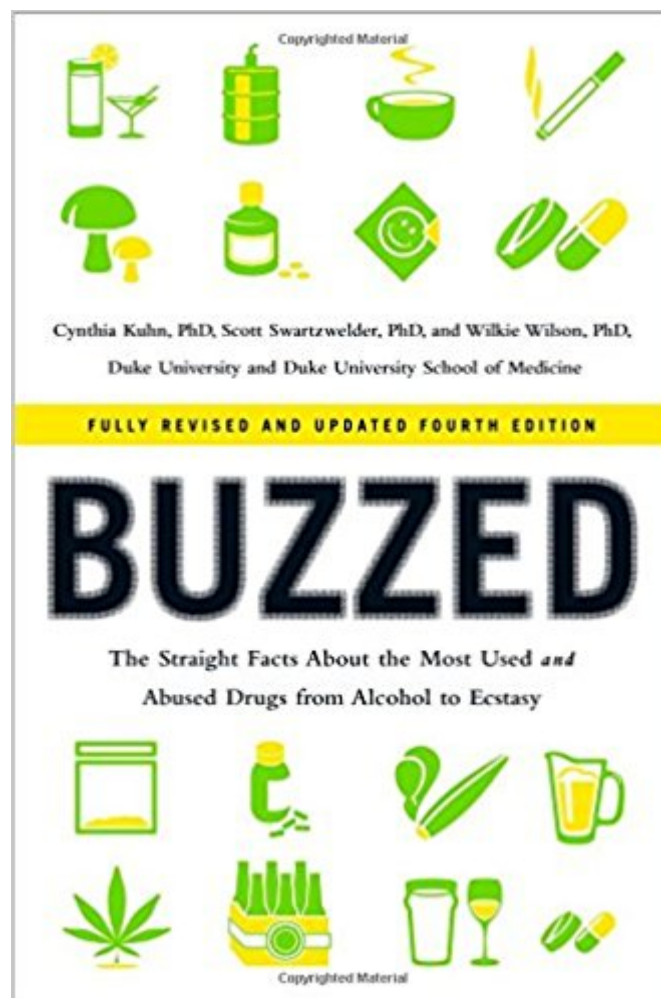


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# Buzzed: The Straight Facts About The Most Used And Abused Drugs From Alcohol To Ecstasy (Fully Revised And Updated Fourth Edition)



## Synopsis

The fourth edition of the essential, accessible source for understanding how drugs work and their effects on body and behavior. A bestseller in its three previous editions, *Buzzed* is now revised and updated with the most recent discoveries about drugs. It includes new information about biological and behavioral changes in addiction, the prescription-drug abuse epidemic, distinctive drug effects on the adolescent brain, and trends from synthetic cannabinoids to e-cigarettes. "Lively, highly informative, unbiased, [and] thorough" (Addiction Research & Theory), this no-nonsense handbook surveys the most used and abused drugs from caffeine to heroin to methamphetamine. In both quick-reference summaries and in-depth analysis, it reports on how these drugs enter the body, how they manipulate the brain, their short-term and long-term effects, the different "highs" they produce, and the circumstances in which they can be deadly. Neither a "just say no" treatise nor a "how-to" manual, *Buzzed* is based on the conviction that people make better decisions with accurate information in hand. 8 pages of color illustrations

## Book Information

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Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (49 customer reviews)

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## Customer Reviews

Haven't read this cover to cover - skipped around a bit looking at drugs I was interested in. For instance, I just had a surgery and was given oxycodone for pain. So I went to the part about this drug in the book and ended up not taking it and using something a bit less intense instead (Tylenol 3) All in all I consider this to be a good reference book and would use it to answer questions about

drugs from just about anyone. I found it easy to assimilate and understand. And given an understanding, I have more certainty that I should stay away from recreational drugs and keep medical drugs to a bare minimum.

This is the most accurate book on drugs and their effects and liabilities. I've used the previous editions in my graduate classes every year since it was first published.

Overall, this book was insightful with good information. However, because it explains many aspects of so many drugs, the book does not go into depth or great detail on any of them. Honestly, the information given in the book can be found with a 15 minute internet search. Good overall information, but very limited.

Great resource, all facts, no emotional "clutter", useful with older adolescents and adults.

This is a great, comprehensive book about drugs. It has information like a textbook, but reads a lot easier and is way more interesting. I find with textbooks I can read the same page three times with glazed over eyes and I still don't know what it says, but this book is much more readable than that. The layout is also very conducive to using it as a reference manual as you need to learn about different drugs. That was useful when I was working in drug treatment and I could read chunks that were affecting my current clients. I personally have the older edition. I bought this one for my intern.

It depends on what your expectations are of this book. The book is literally filled with a lot of details about several different classes of drugs. The book talks about the history, usage, symptoms, and more about many different drugs. The book almost seems like a mini encyclopedia on drugs.

Very informative book. Great information in a readable style. I would recommend this to anyone that wants more information about substances of abuse, how they work, side effects and long term effects. I am a psychiatric nurse practitioner and ended up having to, with to our detox unit with limited knowledge. This book has been a great help.

I have a BA in neuroscience and I found this book to be incredibly interesting. I learned a lot about various classes of drugs, addiction and the law. I recommend this book for everyone in their teens to early twenties.

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